



ST. STEPHEN'S R.C. PRIMARY SCHOOL

PHYSICAL EDUCATION (PE)

SUBJECT ON A PAGE

BE ACTIVE • BE PROUD • BE YOU!



VISION

Every child, every chance, every day!



MISSION

"Love one another, as I have loved you."

OUR VALUES – CARES



Compassion



Ambition



Rejoice



Excellence



Service

TEAMWORK
RESPECT
ENJOYMENT
RESILIENCE



INTENT

At St Stephen's, we aim to develop physically literate, confident and resilient pupils who enjoy being active and understand the importance of healthy lifestyles.

We aim for all pupils to:

- ✓ Develop physical competence and fundamental movement skills
- ✓ Work collaboratively and demonstrate sportsmanship
- ✓ Build resilience, confidence and determination
- ✓ Understand the importance of physical and mental wellbeing
- ✓ Develop a lifelong enjoyment of physical activity and sport

PE promotes physical, social, emotional and personal development.



IMPLEMENTATION



CURRICULUM STRUCTURE

- Progressive PE curriculum from EYFS to Year 6
- Coverage of:
 - Games
 - Gymnastics
 - Dance
 - Athletics
 - Outdoor & Adventurous Activities
- Skills build progressively across year groups



PHYSICAL DEVELOPMENT

Pupils develop:

- Balance
- Coordination
- Agility
- Strength
- Control and movement skills

Fundamental skills are revisited and refined over time.



TEAMWORK & SPORTSMANSHIP

Children are taught to:

- Work cooperatively
- Respect rules and others
- Compete fairly
- Support teammates
- Demonstrate resilience and perseverance



IMPACT

Pupils at St Stephen's:

- ✓ Move confidently and competently
- ✓ Demonstrate teamwork and sportsmanship
- ✓ Show resilience and determination
- ✓ Understand healthy lifestyles and wellbeing
- ✓ Enjoy participating in physical activity and sport



ORACY & REFLECTION

Pupils are encouraged to:

- ✓ Evaluate performances
- ✓ Reflect on strengths and next steps
- ✓ Use PE vocabulary confidently
- ✓ Communicate effectively in team situations



HEALTH & WELLBEING

PE supports pupils to:

- ✓ Understand healthy lifestyles
- ✓ Recognise the importance of exercise
- ✓ Develop positive attitudes towards fitness and wellbeing



COMPETITION & ENRICHMENT

Pupils access:

- ✓ Intra-school competitions
- ✓ Inter-school sporting events
- ✓ Extra-curricular clubs
- ✓ Sports enrichment opportunities



ASSESSMENT

- Ongoing teacher assessment
- Observation of skills and participation
- Assessment of physical development and teamwork
- Use of assessment to inform next steps



KEY STRANDS



Physical Development



Competition & Participation



Teamwork & Cooperation



Reflection & Evaluation



Health & Wellbeing



SEND & INCLUSION

All pupils can succeed in PE through:



- ✓ Adapted activities and equipment
- ✓ Scaffolded teaching and modelling
- ✓ Support for physical and sensory needs
- ✓ Inclusive participation opportunities
- ✓ Focus on personal progress and success



CULTURAL CAPITAL & ENRICHMENT

- Sporting competitions and events
- Opportunities to experience different sports
- Development of leadership and teamwork skills
- Promotion of healthy lifestyles beyond school



ASSESSMENT & PROGRESSION

- Skills build progressively over time
- Increasing independence and confidence
- Clear progression across year groups
- Assessment informs future teaching and support



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